

The aestheticism within

Written by Bethlhem Teame

The splendor of mother earth is enriched with vast and different forms of beauty. The existence of the human race and the flora and fauna on the face of this earth adds in more magnificence to it. Releasing the aesthetic soul within to caress the beauty around one, one can perceive the abundance of beauty everywhere; the vast blue sky, the full moon, the flock of birds flying together, the morning sun, the green pasture, the dew on the grass, that beautiful smile of the girl, the innocent laughter of the children playing along...the list is too numerous to list down, but this testifies one fact- that beauty is everywhere around us.

Beauty makes the entire world happy, and every being forgets its limitations as long as it experiences her enchantment. We all have been captivated by a presence of beauty one time or another forgetting the troubles that hovered above us. The unfolding of beauty has this unique and untold power of disarming us from the prison of our current situations. Don't we all stop and stare to behold the view of that setting sun? - amazed at the hue of colors it splashed on the sky. We are surrounded by beauty but only few realize and appreciate this while most of us completely ignore it. Some people are totally indifference to beauty; they can't perceive or realize beauty or its essence for that matter. But their minds are incapable of seeing and delighting in the essential nature of beauty itself, so they cruise through the journey of life solemn and unhappy.

You see people, beauty has this special way of releasing us from our current situation and in its magnificence we delight and relax even for a bit untangling ourselves from the worries of life. Beauty can serve this cold world and its tenants as a remedy, cure, and joy. But only few have learned to appreciate beauty or its essence in this world due to a lot of reasons and as such a lot of people have estranged from the aestheticism within them and as a result they lack grace and beauty in their everyday activities. There are people who are totally blind to the beauty around them, people who fail to perceive and appreciate what beauty is. Such people often lack style, adroitness and poise in everything they do. I don't know about you but I have seen people who dress up in all the possible colors from the head to toe and on the top of that they have to present themselves in a way that screams at a full volume their blindness to perceive beauty.

Haven't you wondered why a certain person is wearing that particular color of T-shirt with that color and style of trousers? Some people just don't stop and contemplate the impression they are creating by looking like a painting book of someone in kindergarten. Some people give you a headache just looking at their style or poise, especially to someone who sees things from an aesthetic point of view. And I am not talking only about dressing styles and colors but everything else such as poise, integrity, composure and manner of communicating with others. Haven't you wondered why a certain short person would choose to

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sit on a very long bar stool which even highlights his flaw and create an abysmally mood upsetting sight to the rest of the people in the bar? This is to mean that some people don't know what to do and where or how-and this clearly states their lack of perceiving beauty or its quintessence.

No one among us is perfect and it has been said that beauty is subjective; that beauty in things exists in the mind which contemplates them. But we shouldn't also forget that there are things that are noticeable by everyone and trigger the same yet sundry degree of emotions from the beholders. Unless there is some psychological instability with one, no one denies the beauty of that blossoming rose, the stretching little hands of a little girl, and the magnificence of the dark blue sky decorated with dots of stars...etc. some objects and situations can just be ignored however unaesthetic we might claim to be. They hold objective and universal beauty that can bow down every one for their beauty and true nature. Hell yeah! Even ugliness is a point of view and an ulcer might look wonderful to a pathologist but sometimes there is a point where one can't tolerate certain ugliness even if it is in its harmless state.

Being an aesthetic doesn't mean that one has to only appreciate and understand deep and abstract paintings of Michael Angelo, Leonardo da Vinci or any other genius artistic creations of the renaissance. Every one of us are aesthetic in heart it is just that some of us activate and use it daily while others completely ignore and stifle it. Just happens to be, I have a friend who seems to be born without innate aesthetics eyes or ears. Everything she wears testifies her lack of artistic touch. She is not only totally estranged from her aesthetic soul but also seems to be color blind. She is not a bad person, in fact she has a large heart but this kind heart of hers seems to betray her in a lot of decisions she takes during her lifetime. Sometimes she will put on the most outrageous color synergy that knocks the beholder off balance. Sometimes she would wear the entire shade of green from her head to toe looking like algae on some accumulated water while sometimes she would mix every possible color there is looking like a victim of an explosion in a dress factory. This would have been a bearable flaw if it wasn't for her lack of perceiving beauty in all direction of her life, her choice of color, dress, style, men, poise ...etc. everything seems to lack beauty or grace.

Seriously, sometimes it will do us a great deal of good to stand in front of the mirror and ask ourselves what beauty is for us and to release the aestheticism within us to take control and enlighten us what is truly beautiful. Most of us have a misguided notion of what is beautiful and in an effort to accomplish what we have defined is beauty we are growing apart from the real meaning of what beauty is. Beauty is simplicity. So all the exaggeration we apply to complicate and sophisticate beauty are making us look like incredibly ridiculous and are leading us astray from the true meaning of beauty or sublime.

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On the other hand there are also the other section of the world's community like my mum who is a stickler and absolute perfectionist, who in their attempt to behold the statues of beauty and perfection around them turn into nagging and control freaks. The problem with these people is that they can never be satisfied as long as they are living in an imperfect world inhabited by bunch of communities that fell off the grace of beauty. In their deep desire to maintain beauty in all aspect of life (which by the way is impossible) direct everyone's life around them, and just like that ambitious director striving for an Oscar winning movie; they dictate every move of the people around them. One too many times have my mum told me to exercise a more feminine, attractive and husky laughter than my loud unstylish giggles. She says, "Laugh in a way that will stop anyone on his/her tracks". Sometimes to laugh around my mum is just a work not a reaction or a reflex of emotion. "Sit up straight, lift your chin up..." the orders go on. Sitting with mum, one has to sit, straight and maintaining a composure just that of the Queen Mother. Anyway life can be a mighty difficult when you live with a perfectionist under one roof. I once heard a story of this girl who is so perfectionist and aesthetic that when she cleans her house, nobody is allowed to get in or touch anything in the house, the whole household would gather up in the kitchen and stare at each other. This girl even dictates them how to sit and which glasses or any other material to use. Her brothers don't usually eat when she is around because she really pitches a fit if she sees some crumbs or leftovers while eating their food. One is not allowed to breathe louder than the average noise in the house, if she is around. Some people preach perfection and beauty in everything.

All other forms of perception divide a man, because they are exclusively based either on the aesthetic nature within or on the intellectual part of his being; only the perception of a beauty makes something whole of him, because both his natures must accord with it and this in turn yields happiness and peace of mind. Sometimes the situation or time might not be by our side and would prevent us from assigning a quality time to get in touch with our aestheticism within but still this is not an excuse to go around town displaying total lack of artistic ability. Beauty makes this world a happier place and perceiving beauty and feeding back beauty makes this world a better place to live in. so take an utmost care as not to disturb the beauty order of the world we live in for that of Beauty and the Beast- it has a power to free someone or something from a curse or pressure.