

Eritrea: Africa's Cycling Champion

Written by Esseyas Fessehaye



The country rose on its feet to hear that Eritrean cyclists have grabbed eight gold medals, one silver and one bronze in the three-day African Intercontinental Cycling Championship held in Kigali (Rwanda) from 10-14 November 2010. It is a bright new dawn. Eritrea, aiming high, stood top of the continent beating countries with huge cycling talents like that of South Africa and Morocco for the first time in its cycling competition history.

Notably, Eritrean cyclist Daniel Teklehaimanot made history by winning five of those eight gold medals in the competition to front-page headlines through out the continent. The five gold winner Eritrean cyclist's success resembles that of Michael Philips, the Beijing Olympics2008 record holder swimmer, who to everyone's surprise, earned five gold medals in the competition.

Team Time Trial, 40km

The African continental race was uncorked with a 40km team time trial race. The Eritrean national cycling team was composed of 6 riders: Daniel Teklehaimanot, Frekalsi Debesay, Meron Russom, Teklit Tesfay, Dawit Haile and Natnael Berhane. Coach Samson Solomon fielded the first four riders in the team time trial race. Eritrean team finished the race against the clock in 54 minutes to top the ranking.

South African team stood se



Eritrea: Africa's Cycling Champion

Written by Esseyas Fessehaye

cond, awfully 2 minutes and 19 seconds behind. As you go down the result, the gap between Eritrea and the other following teams soars higher and higher making Eritrea the strongest team of the competition. Eritrea kicked off the competition earning gold medal award in TTT. Favorites South Africa (56:31:00) and Ethiopia (57:20:00) finished second and third while Team Rwanda had a rough outing as they struggled to eventually finish 9th.

After the race, to the surprise of the participants, Frekalsi Debesay was heard saying it was a very demanding race. "It was very hot out there. We are not used to such high humidity but we are glad we pulled through."

Individual Time Trial, 33km

On Friday 12th November 2010, an individual time trial competition took place where every country had to be represented by only two riders. Accordingly, coach Samson Solomon selected our elite cyclist on the international level Daniel Teklehaimanot and Algiers All Africa Games silver medalist Frekalsi Debesay to represent Eritrea in the field.

Daniel, who is honing his cycling talent in Switzerland at the UCI training center and Cervelo Cycling Team made no mistake in riding the fastest time of the race.

He covered the 33 km long racing field in 44:37:83. Frekalsi followed him 3'14" behind, ranking 7th. Daniel added another 2 gold medals in this particular ITT race both in the elite and U23 category. The last time Daniel took gold in an individual time trial race was about four years ago in an ANOCA competition held in Kenya.

Road Race, 144km

Daniel Teklehaimanot, the evident and dominant figure of the African Intercontinental Championship competition also won elite title in this particular competition followed by local hero Meron Russom and Dan Craven from Namibia on the podium. Dawit Haile stood 5th as Natnael Berhane's fresh out of the kitchen talent made him stand 9th. Teklit Tesfay stood 11th as the accident victim Frekalsi Debesay fell to 19th, eight minutes behind the winner Daniel Teklehaimanot. This is the best African championship result so far for Eritrea which is adorned with lofty gold, silver and bronze medals.

Eritrea: Africa's Cycling Champion

Written by Esseyas Fessehaye



Daniel Brikmand won the gold medal in the men's road race at the Rio 2016 Olympic Games. He is the first African cyclist to win an Olympic medal. He is also the first African cyclist to win a medal at the African Continental Championships. He is also the first African cyclist to win a medal at the African Continental Championships. He is also the first African cyclist to win a medal at the African Continental Championships.



1997 2000 2003 2006 2009 2012 2015 2018 2021 2024 2027 2030 2033 2036 2039 2042 2045 2048 2051 2054 2057 2060 2063 2066 2069 2072 2075 2078 2081 2084 2087 2090 2093 2096 2099 2102 2105 2108 2111 2114 2117 2120 2123 2126 2129 2132 2135 2138 2141 2144 2147 2150 2153 2156 2159 2162 2165 2168 2171 2174 2177 2180 2183 2186 2189 2192 2195 2198 2201 2204 2207 2210 2213 2216 2219 2222 2225 2228 2231 2234 2237 2240 2243 2246 2249 2252 2255 2258 2261 2264 2267 2270 2273 2276 2279 2282 2285 2288 2291 2294 2297 2300 2303 2306 2309 2312 2315 2318 2321 2324 2327 2330 2333 2336 2339 2342 2345 2348 2351 2354 2357 2360 2363 2366 2369 2372 2375 2378 2381 2384 2387 2390 2393 2396 2399 2402 2405 2408 2411 2414 2417 2420 2423 2426 2429 2432 2435 2438 2441 2444 2447 2450 2453 2456 2459 2462 2465 2468 2471 2474 2477 2480 2483 2486 2489 2492 2495 2498 2501 2504 2507 2510 2513 2516 2519 2522 2525 2528 2531 2534 2537 2540 2543 2546 2549 2552 2555 2558 2561 2564 2567 2570 2573 2576 2579 2582 2585 2588 2591 2594 2597 2600 2603 2606 2609 2612 2615 2618 2621 2624 2627 2630 2633 2636 2639 2642 2645 2648 2651 2654 2657 2660 2663 2666 2669 2672 2675 2678 2681 2684 2687 2690 2693 2696 2699 2702 2705 2708 2711 2714 2717 2720 2723 2726 2729 2732 2735 2738 2741 2744 2747 2750 2753 2756 2759 2762 2765 2768 2771 2774 2777 2780 2783 2786 2789 2792 2795 2798 2801 2804 2807 2810 2813 2816 2819 2822 2825 2828 2831 2834 2837 2840 2843 2846 2849 2852 2855 2858 2861 2864 2867 2870 2873 2876 2879 2882 2885 2888 2891 2894 2897 2900 2903 2906 2909 2912 2915 2918 2921 2924 2927 2930 2933 2936 2939 2942 2945 2948 2951 2954 2957 2960 2963 2966 2969 2972 2975 2978 2981 2984 2987 2990 2993 2996 2999 3002 3005 3008 3011 3014 3017 3020 3023 3026 3029 3032 3035 3038 3041 3044 3047 3050 3053 3056 3059 3062 3065 3068 3071 3074 3077 3080 3083 3086 3089 3092 3095 3098 3101 3104 3107 3110 3113 3116 3119 3122 3125 3128 3131 3134 3137 3140 3143 3146 3149 3152 3155 3158 3161 3164 3167 3170 3173 3176 3179 3182 3185 3188 3191 3194 3197 3200 3203 3206 3209 3212 3215 3218 3221 3224 3227 3230 3233 3236 3239 3242 3245 3248 3251 3254 3257 3260 3263 3266 3269 3272 3275 3278 3281 3284 3287 3290 3293 3296 3299 3302 3305 3308 3311 3314 3317 3320 3323 3326 3329 3332 3335 3338 3341 3344 3347 3350 3353 3356 3359 3362 3365 3368 3371 3374 3377 3380 3383 3386 3389 3392 3395 3398 3401 3404 3407 3410 3413 3416 3419 3422 3425 3428 3431 3434 3437 3440 3443 3446 3449 3452 3455 3458 3461 3464 3467 3470 3473 3476 3479 3482 3485 3488 3491 3494 3497 3500 3503 3506 3509 3512 3515 3518 3521 3524 3527 3530 3533 3536 3539 3542 3545 3548 3551 3554 3557 3560 3563 3566 3569 3572 3575 3578 3581 3584 3587 3590 3593 3596 3599 3602 3605 3608 3611 3614 3617 3620 3623 3626 3629 3632 3635 3638 3641 3644 3647 3650 3653 3656 3659 3662 3665 3668 3671 3674 3677 3680 3683 3686 3689 3692 3695 3698 3701 3704 3707 3710 3713 3716 3719 3722 3725 3728 3731 3734 3737 3740 3743 3746 3749 3752 3755 3758 3761 3764 3767 3770 3773 3776 3779 3782 3785 3788 3791 3794 3797 3800 3803 3806 3809 3812 3815 3818 3821 3824 3827 3830 3833 3836 3839 3842 3845 3848 3851 3854 3857 3860 3863 3866 3869 3872 3875 3878 3881 3884 3887 3890 3893 3896 3899 3902 3905 3908 3911 3914 3917 3920 3923 3926 3929 3932 3935 3938 3941 3944 3947 3950 3953 3956 3959 3962 3965 3968 3971 3974 3977 3980 3983 3986 3989 3992 3995 3998 4001 4004 4007 4010 4013 4016 4019 4022 4025 4028 4031 4034 4037 4040 4043 4046 4049 4052 4055 4058 4061 4064 4067 4070 4073 4076 4079 4082 4085 4088 4091 4094 4097 4100 4103 4106 4109 4112 4115 4118 4121 4124 4127 4130 4133 4136 4139 4142 4145 4148 4151 4154 4157 4160 4163 4166 4169 4172 4175 4178 4181 4184 4187 4190 4193 4196 4199 4202 4205 4208 4211 4214 4217 4220 4223 4226 4229 4232 4235 4238 4241 4244 4247 4250 4253 4256 4259 4262 4265 4268 4271 4274 4277 4280 4283 4286 4289 4292 4295 4298 4301 4304 4307 4310 4313 4316 4319 4322 4325 4328 4331 4334 4337 4340 4343 4346 4349 4352 4355 4358 4361 4364 4367 4370 4373 4376 4379 4382 4385 4388 4391 4394 4397 4400 4403 4406 4409 4412 4415 4418 4421 4424 4427 4430 4433 4436 4439 4442 4445 4448 4451 4454 4457 4460 4463 4466 4469 4472 4475 4478 4481 4484 4487 4490 4493 4496 4499 4502 4505 4508 4511 4514 4517 4520 4523 4526 4529 4532 4535 4538 4541 4544 4547 4550 4553 4556 4559 4562 4565 4568 4571 4574 4577 4580 4583 4586 4589 4592 4595 4598 4601 4604 4607 4610 4613 4616 4619 4622 4625 4628 4631 4634 4637 4640 4643 4646 4649 4652 4655 4658 4661 4664 4667 4670 4673 4676 4679 4682 4685 4688 4691 4694 4697 4700 4703 4706 4709 4712 4715 4718 4721 4724 4727 4730 4733 4736 4739 4742 4745 4748 4751 4754 4757 4760 4763 4766 4769 4772 4775 4778 4781 4784 4787 4790 4793 4796 4799 4802 4805 4808 4811 4814 4817 4820 4823 4826 4829 4832 4835 4838 4841 4844 4847 4850 4853 4856 4859 4862 4865 4868 4871 4874 4877 4880 4883 4886 4889 4892 4895 4898 4901 4904 4907 4910 4913 4916 4919 4922 4925 4928 4931 4934 4937 4940 4943 4946 4949 4952 4955 4958 4961 4964 4967 4970 4973 4976 4979 4982 4985 4988 4991 4994 4997 5000